

HIKING PROPOSALS IN WELSCHNOFEN-CAREZZA

:: Excursion to the farmsteads ::

The cross path leads to the Lengeria pilgrimage chapel and then on to Foro del Lupo (wolf's hole). Until 200 years ago, the surrounding woods were home to wolves and bears. It is said that the very last wolf was captured in this 4 metre-deep hole in 1822.

Route: Nova Levante - church square, path no. 5 to the Lengeria chapel, Foro del lupo, path no. 1 to the Schillerhof hut (1555 m), path no. 4A to the Hagner mountain farm, path no. 4B to the Jocherhof farmstead, path no. 4C to the Hotel Rosengarten and path no. 4D back to the point of departure.

Degree of difficulty: average-difficult excursion

Difference in altitude: 400 m

Duration: 4-5 hours

Eateries: Schillerhof hut, Hagner mountain farm, Jocherhof farmstead, Hotel Rosengarten.

:: Monument to the empress Elisabeth ::

The outing takes us high up, to the "Nova Levante Masi" and on to the "Soler" hill. The destination is the monument to the Empress Elizabeth (wife of Franz Josef I). The Empress stayed in the newly built Grand Hotel Carezza on several occasions during the summer, and she was often accompanied by a local guide along the trail no. 6, which was her favourite walk. This is why it is called "Elizabeth's walk".

Route: "Ponte Schneider" car park (1,156 m a.s.l.), bus-stop; Tourist office; take trail no. 7 to the area above the "Poppener Maso" (1,315 m a.s.l.), to the Meierei bar and inn (1,556 m a.s.l.), then take trail no. 6 beyond the "Pitscholer" and "Soler Masi" homes. Elizabeth's monument is at 1,556-m a.s.l. On the way back, trail no. 3 takes us to the Hotel Rosengarten (1,320-m a.s.l.) and down to Ponte Schneider.

Recommended period: from May to October.

Difficulty: easy

Slope: 404 m

Length: app. 4 hours

Various refreshment stops.

:: The Agatha Christie route ::

In 1927 the famous novelist stayed at the Carezza hotel. She liked the area and the landscape very much. In her novel *The Big Four*, she described a rocky labyrinth in which a group of bandits had decided to hide. Interesting also for children!

Eateries: none

Route: Hotel Carezza, path no. 18, path no. 20, Labyrinth path, Radura di Mezzo, path no. 11, path no. 12 to return to the point of departure

Duration: 3,5 hours

Difference in altitude: 240 m

Degree of difficulty: easy; take a packed lunch with you



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:: From the Nigra pass to the Hanicker mountain farm ::

An excursion through woods and prairies below the Laurino's rocky walls. The view on the Bolzano valley is remarkable.

An ideal excursion for families with children.

Route: Nigra pass (1668 m), path no. 7, Baumann mountain farm (1826 m), Hanicker mountain farm (1873 m), same route on return.

Degree of difficulty: average-medium

Difference in altitude: 205 m

Duration: 4 hours

Eateries: Nigra hut, hanicker mountain farm.

:: Excursion around the Catinaccio ::

This excursion is suitable for all those enthusiasts who love walking in the mountains. The view on the surrounding mountains is spectacular.

Route: Paolina hut (2125 m - by chair lift or from Costalunga pass along paths nos. 548 and 552), path nos. 539 and 549 to the Roda di Vael hut, path no. 541 to Cigolade pass (2550 m), path no. 550 to Coronelle pass (2630 m), Fronza alle Coronelle hut (2339 m), and back to point of departure along paths nos. 549 and 552.

Degree of difficulty: mountain excursion for experts who are not scared of heights. Suitable equipment required!

Difference in altitude: from Costalunga pass 1010 m, from Paolina hut 500 m.

Duration: 5 hours (on foot from Costalunga pass: 6,5 hours).

Eateries: Paolina hut, Roda di Vael hut, Pederiva hut, Fronza alle Coronelle hut.

:: From Costalunga pass to the Pulpito ::

This excursion crosses a steep mountain prairie and leads to a rock called Pulpito. You will be rewarded for your climbing efforts with a splendid view on the Pala mountains, Marmolada, Sella, Sassolungo, Catinaccio and Ötztal and Ortles Alps.

Route: Costalunga pass (1752 m), path no. 17, Pulpito (2460 m), same route on return.

Degree of difficulty: average-difficult. Short mountain excursion suitable for excursionists who are not scared of heights.

Difference in altitude: 708 m

Duration: 3 hours

Eateries: none, take a packed lunch with you.



HIKING PROPOSALS IN WELSCHNOFEN-CAREZZA

:: From Lake Carezza to the Maso Geiger ::

There is a beautiful landscape along this trip, through the lovely pinewood. The area is called "auf Chor". The ancient "Masi Chor" can be seen along the walk and the "Geiger Maso" is documented back to 1442.

Route: from the Lake Carezza car park along the Dolomites road for about 300 m, then take trail no. 8. This trail takes you through the lovely Latemar wood until you reach a fork where you should take the right hand trail until you reach the forest road, number 25, which you should follow until you reach a "saddle", turning right you climb up to the meadows of the "Geiger Maso" (1,526 m a.s.l.). On the way back, you can take trail no. 27 towards the east, which slopes slightly downhill near to the "Reiter Maso", then through a small wood you reach the "Schang Maso" (1,413 m a.s.l.). from here, take the forest road south to the Latemar woodyard, which faces onto the Dolomites road. Climb for a further 100-m, where trail 10A starts to the left and leads back to the Lake Carezza car park.

Recommended period: from May to October

Difficulty: easy

Slope: 250 m

Time: 2.5 hours, app.

Various refreshment stops.

